



## Dr Nikhil Rath

MBBS, MD MEDICINE, DNB NEPHROLOGY 5+ Years Experience

### Hospitals

Apollo Hospitals, Pune ,

Doctor's Working  
Weekdays

Wed, Thurs, Sat

Doctor's Working  
Hours

09:00-15:00



Call Now



Book Appointment

## Overview

Dr. Nikhil Rath is a highly skilled Nephrologist at Apollo Hospitals, Pune, with over 5 years of experience in diagnosing and managing a wide range of kidney-related conditions. He holds an MBBS, MD in Medicine, and DNB in Nephrology, reflecting his advanced training and proficiency in managing both acute and chronic kidney diseases. His clinical expertise covers hypertension, electrolyte imbalances, chronic kidney disease (CKD), glomerulonephritis, dialysis management, and pre- and post-transplant care, enabling him to provide comprehensive renal care to patients of all ages.

Fluent in English, Hindi, and Marathi, Dr. Rath emphasizes effective communication with patients and their families, ensuring they clearly understand their diagnosis, treatment options, and long-term care strategies. He is known for his patient-centric approach, which combines clinical expertise with empathy, enabling patients to make informed decisions about their kidney health. Dr. Rath also focuses on preventive nephrology, guiding patients on lifestyle modifications, diet, and routine monitoring to slow the progression of kidney disease and improve overall well-being.

At Apollo, Dr. Rathi leverages state-of-the-art diagnostic tools, advanced laboratory facilities, and evidence-based protocols to deliver high-quality nephrology care. He works closely with multidisciplinary teams, including dietitians, dialysis specialists, and transplant units, to provide individualized treatment plans that optimize outcomes for patients with complex renal conditions. Dr. Nikhil Rathi is recognized as a trusted nephrologist in Pune, committed to delivering compassionate, expert, and holistic care to help patients maintain kidney health and enhance their quality of life.

## Experience

- Assistant Professor – Department of Nephrology, Bharati Medical College, Katraj
- Consultant – Shri Hospital, Khamgaon, Maharashtra
- Private OPD – Shree Kidney Care, Kothrud, Pune
- Consultant Nephrologist – Poona Hospital
- Consultant Nephrologist – Mai Mangeshkar Hospital
- Consultant Nephrologist – Sancheti Hospital
- Consultant Nephrologist – Ratna Hospital
- Consultant Nephrologist – Joshi Hospital

## Awards

- Awarded the Lilavati Best Resident Award, November 2017
- Won the First Round of Torrent Young Scholar Award (TYSA) and represented West Zone in the Zonal Round, January 2020

## Frequently Asked Questions