

## Dr Robert Mao

MBBS, MD, DM, FCCP, FICC 35+ Years Experience

Dr Robert Mao is a top Cardiologist in Chennai at Apollo Hospitals, Greams Road, Chennai. Book an appointment online with Dr Robert Mao now.

### Hospitals

[Apollo Hospitals, Greams Road, Chennai](#),

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
09:30 -18:30

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## Overview

Dr. Robert Mao is a highly experienced Cardiologist based in Chennai, Tamil Nadu, with an impressive 35 years of practice in the field. He is known for his dedication to patient care and has built a reputation for excellence in his specialty. Dr. Mao holds multiple esteemed qualifications including MBBS, MD, DM, FCCP, FICC, FESC, and FSCAI, showcasing his extensive training and expertise in cardiology. His profound knowledge enables him to diagnose and treat various cardiovascular conditions effectively, making him a trusted name among his peers and patients alike.

Fluent in languages including English, Bengali, Assamese, and Hindi, Dr. Mao is adept at communicating with a diverse patient population, ensuring that everyone feels comfortable and understood during consultations. As a part of the Apollo healthcare network, he adheres to high standards of medical practice and innovation, always seeking to provide the best possible outcomes for his patients.

Dr. Mao's approach to patient care is holistic, emphasizing preventive strategies and lifestyle modifications alongside traditional treatment methods. His commitment to the latest advancements in cardiology allows him to offer cutting-edge therapies and interventions tailored to individual patient needs. Whether it's

through routine check-ups or complex medical procedures, Dr. Robert Mao continuously strives to enhance the quality of life for those under his care, establishing a compassionate and supportive environment in his practice.

## **Experience**

- 1992-1996
- Associate Consultant, Apollo Main Hospital, 21, Gream's Lane, Chennai, TN, India
- 1996-Tillpresent
- Senior Consultant and Interventional Cardiologist, Apollo Main Hospital,21 Gream's Lane, Chennai, TN, India.
- 1994-Present
- Faculty member (Cardiology) for Post-graduate DNB Teaching Programme in Apollo Hospital, Chennai

## **Membership**

- MEMBERSHIP/ ACTIVITIES IN PROFESSIONAL SOCIETIES AND SCIENTIFIC
- 2017-Present Fellow of Society of Cardiac Angiography And Interventions (FSCAI)
- 1990-Present- Life Member, Cardiological Society of India
- 2017-Present- Life Member, Indian College of Cardiology

## **Awards**

- MULTI CENTRE CLINICAL TRIALS AND REGISTRIES
- Principal Investigator: International study on comparative Health Effectiveness With medical and invasive approaches(ISCHAEMIA).NCT01471522
- Co-investigator:Hypertension Phase IV trial

## **Research and Publication**

### A.ARTICLES IN PEERREVIEWED JOURNALS-CARDIOLOGY

- 1) Oomman A, Mao R. Coronary arterial fistula from both the coronaries to pulmonary artery in association with congenital bicuspid aortic stenosis. *Indian Heart J* 2000;52(2):201-2. PMID: 10893899. [PubMed indexed for MEDLINE]
- 2) Oomman A, Mao R, Krishnan P, Girinath MR. Congenital aortocaval fistula to the superior vena cava. *Ann Thorac Surg* 2001 Sep;72(3):911-3. PMID: 11565681. [PubMed - indexed for MEDLINE]
- 3) Oomman A, Sathyamurthy I, Ramachandran P, Verghese S, Subramanyan K, Kalarickal MS, Najeeb OM, Mao R. Profile of female patients undergoing coronary angiogram at a tertiary center. *J Assoc Physicians India*. 2003;51:16-9. PMID: 12693448, [PubMed - indexed for MEDLINE]
- 4) Sathyamurthy I, Nayak R, Oomman A, Subramanyan K, Kalarickal MS, Mao R, Ramachandran P. Alcohol septal ablation in hypertrophic cardiomyopathy-8 years follow up. *Indian Heart J* 2014 Jan-Feb;66(1): 57-63. PMID: 24581097. PubMed - indexed for MEDLINE]. Apr; 70(2): 201-203
- 5) Cardiac Amyloidosis in South India. A tertiary care center experience. Manuscript accepted in the Heart Failure Journal of India.
- 6) Valvular Amyloidosis. Manuscript accepted in the Heart Failure Journal of India. 7) L Narra, A Oomman, R Showkathali, R Mao, S Immaneni, S Gunasekaran, R Yalamanchi, Y V C Reddy, S Dondapati. Prevalence of subclinical Coronary artery atherosclerosis in the general population - Apollo Subclinical Coronary Atherosclerosis Project (ASCAP). *European Heart Journal*. 2023; 44
- 8) K Dhamodaran, Abishek Kasha, R Mao, I Sathyamurthy. Safety & efficacy of Excimer Laser Coronary Angioplasty for diffuse In-stent Restenosis - Our initial experience. *IHJ CVCR*. April-June 2023; Volume 7, Issue-2, Pg-39-42
- 9) Narra Lavanya, Abraham Oomman, Robert Mao, Refai Showkathali, Seshagiri Raju, Sivaganesh Dhanasekaran. Co-relation between exercise Treadmill Test (TMT) & Computerized Tomography Coronary Angiography (CT-CAG) in primary prevention population - *Indian Heart Journal*. Dec 2023; Volume 75, Supplement 1, Pg-S23-S24
- 10) Narra Lavanya, Abraham Oomman, Refai Showkathali, Robert Mao, Sathyamurthy I, Radhapriya Yalamanchi. Cardiac Sarcoidosis Masquerading as Dilated Cardiomyopathy with Heart Failure. *Indian Heart Journal*. Dec 2023; Volume 75, Supplement 1, Pg-S24
- 11) Hemnath C, Sathyamurthy I, Srinivasan KN, Mao R, Karthigesan AM. Crossing the barriers of left ventricular entry during Percutaneous Transluminal Mitral Commissurotomy by Agilis nxT catheter. *J Indian Coll Cardiol* 2024; 14:31-4
- 12) Robert Mao, Samuel Mathew Kalarickal, Vijayakumar Subban, Lavanya Narra. Covered stent Fenestration-A Novel Bail-Out Technique for Accidental Left Circumflex Coronary Artery Jailing. *Indian Heart Journal*. April-June 2025; Volume 9, Issue-2, Pg-35-37

## D.ABSTRACTS

1. Nayak H.R, Subramanyam K. Oomman A, Sathyamurthy 1, Ramachandran P, Kalarickal MS, Mao R. Transluminalalcohol ablation for septal hypertrophy. Indian Heart J 2003; 55; 468-469 (abstract).
2. Sathish E, Oomman A, Mao R, Ramachandran P, Mathews J, Sathyamurthy 1. Acute severe thrombocytopenia following abciximab, Indian Heart J 2003;55:547.
3. Sathyamurthy I,Kumar E, Jayanthi K,Oomman A,Ramachandran P, Subramanyan K. Mao R. C-Reactive protein and angiographic correlation in acute coronary syndrome. Indian Heart J2004:56:179..
4. Ramachandran P.Subramanian K, Oomman A, Sathiamurthy I Nayak R, R Mao, Samuel KM, Najeeb OM. European Society of Cardiology Congress2007:Abstract book: P3601.
5. BCA Dasari, A Oomman, P Govindarajulu, L Narra, R Mao et al.Addition of biomarker high sensitivity troponin I (hs Tropl) to Q RISK3score in predicting significant CAD. Nov 2020 European Heart Journal
6. R Vimalkumar,I Sathyamurthy, G Sengottuvelu, K N Srinivasan, Rajeshwari Nayak, Abraham Oomman, YVC Reddy, Robert Mao, Pramod kumar. Outcomes of Primary PCI in STEMI. Nov 2017 Indian Heart Journal
7. L Narra, A Oomman, R Mao et al. atherosclerotic cardiovascular risk scores and CTCAG for primary prevention in Indian population. IHJ 2022
8. Lavanya Narra, Abraham Oomman, Refai Showkathali, Robert Mao et al Correlation between high sensitivity troponin I and Lipoprotein (a) in primary prevention population from a tertiary care center in India. Atherosclerosis 2023 Abstract, presented at EAS congress 2023 Mannheim.
9. Lavanya Narra, Abraham Oomman, Robert Mao et al Incidence of Lipoprotein (a) in primary prevention population from a tertiary care center in India. Atherosclerosis2023 Abstract, presented at EAS congress 2023 Mannheim.
10. Lavanya Narra, Abraham Oomman, Robert Mao et al. Cardiac sarcoid masquerading as dilated cardiomyopathy. IHJ 2022. Presented at CSI conference Chennai India 2022

## Frequently Asked Questions

### 1. Where does Dr. Robert Mao practice?

Dr. Robert Mao's medical practice is located at Apollo Hospitals, Greams Road Chennai. This hospital offers comprehensive healthcare services and advanced medical expertise.

### 2. Who is Dr. Robert Mao?

Dr Robert Mao is a renowned Cardiologist with over 35 years of experience. He practices in Chennai at Apollo Hospitals Greams Road Chennai. Dr Robert Mao holds a degree in MBBS, MD, DM, FCCP, FICC. He provides treatments including Rheumatic Heart Disease Treatment, Preoperative Treatment, Chest Pain Treatment. He specializes in treating conditions like Barth Syndrome, Preventive Care Of Heart Lung Diseases, Andersen Tawil Syndrome.

### **3. Why do patients visit Dr. Robert Mao?**

Patients choose Dr. Robert Mao for a variety of cardiovascular procedures, including angiogram, PCI (Percutaneous Coronary Interventions), and open-heart surgery. For further details, please consult his professional profile.

### **4. What is Dr. Robert Mao's specialization?**

Dr Robert Mao specializes in Cardiology. He has expertise in treating conditions such as Barth Syndrome, Preventive Care Of Heart Lung Diseases, Andersen Tawil Syndrome.

### **5. What are Dr. Robert Mao's medical qualifications?**

Dr Robert Mao holds MBBS, MD, DM, FCCP, FICC, reflecting his comprehensive education in the field of Cardiology.

### **6. How many years of experience does Dr. Robert Mao have?**

Dr. Robert Mao has 35 years of experience in healthcare. His extensive career spans multiple medical fields.

### **7. What is patient feedback for Dr. Robert Mao?**

Dr. Robert Mao has received positive feedback from 18 patients, including 10 detailed testimonials. Patient reviews highlight his expertise and experience as a cardiologist and general physician.

### **8. Who is a General Physician?**

A general physician (GP) is a medical doctor specializing in non-surgical adult healthcare. They treat various diseases and conditions affecting multiple body systems, including cardiovascular, respiratory, neurological, haematological, endocrine, and gastrointestinal, without requiring surgery. Some GPs may further specialize in a particular system.

### **9. What are the educational requirements to become a General Physician?**

General physicians, also known as primary care physicians, require completion of medical school followed by a three-year residency in primary care. Prerequisites include a science-based bachelor's degree, a minimum GPA, and successful completion of medical school and basic medical training.

## **10. When should I consult a General Physician?**

A general physician provides primary care for various health concerns. They treat non-surgical conditions affecting the cardiovascular, respiratory, musculoskeletal, neurological, gastrointestinal, and endocrine systems. Consult a general physician for symptoms related to these systems.

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