

Dr Padmanabhan R

MBBS,MD American Board(A.B) Internal Medicine, American Board(A.B) Rheumatology. 12+ Years Experience

Dr Padmanabhan R is a top Rheumatologist in Chennai at Apollo Hospitals Greams Road Chennai. Book appointment online with Dr Padmanabhan R at Ask Apollo.

Hospitals

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Overview

Dr. Padmanabhan R is a highly qualified Rheumatologist based in Chennai, Tamil Nadu, boasting over 12 years of extensive experience in the field of rheumatology and internal medicine. He holds an MBBS and an MD, along with esteemed certifications from the American Board in both Internal Medicine and Rheumatology. This robust educational background allows Dr. Padmanabhan to provide comprehensive care for a variety of musculoskeletal disorders and systemic autoimmune conditions.

In addition to his medical expertise, Dr. Padmanabhan is proficient in multiple languages, including English, Telugu, Tamil, and Hindi, enabling him to communicate effectively with a diverse range of patients. His commitment to patient care is further exemplified by his role as an exclusive partner in the healthcare community, where he applies a patient-centered approach to treatment.

Dr. Padmanabhan understands the importance of a thorough evaluation and offers personalized treatment plans tailored to each individual's needs. He stays updated with the latest advancements in rheumatology, ensuring his patients receive state-of-the-art care.

Whether you're dealing with chronic joint pain, autoimmune diseases, or any rheumatic condition, Dr. Padmanabhan R is dedicated to enhancing your quality of life. His office is conveniently located in Chennai, providing accessible healthcare solutions for those in need of expert rheumatological services.

Experience

- July 2017 to June 2021 – Assistant Professor, Division of Rheumatology, Department of Internal Medicine, Rush University Medical Center, Chicago, Illinois, United States
- July 2015 – June 2017 – Instructor in Medicine at Rush University Medical Center, Chicago, IL
- January 2010 to June 2010 - Office based registered medical practitioner in Tamil Nadu, India.
- January 2008 to December 2009 - Research associate in Clinical rheumatology, Prof. Ashok Kumar's lab, Department of Medicine, All India Institute of Medical Sciences, New Delhi, from Jan 2008 to October 2009.
- January 2003 – December 2004 - Office based registered medical practitioner in the southern Indian state of Tamil Nadu, India.

Membership

American board of Internal Medicine:

- Certificate number: 337735 - 2013

American Board of Medical Specialties: Rheumatology

- Certificate number: 337735 - 2015

Awards

- Ranked FIFTH at the All India PG Entrance Examination, 1990
- Awarded K.A. Nair Prize for proficiency in Ophthalmology, 1985.
- Secured distinctions in Ophthalmology, ENT & SPM in the respective University Examinations conducted by University of Madras - 1985

Research and Publication

1. Miller RE, Tran PB, Obediat AM, Raghu P, Ishihara S, Miller RJ, Malfait AM. The role of peripheral nociceptive neurons in the pathophysiology of osteoarthritis pain. *Curr Osteoporos Rep* 2015;13(5):318-26
2. Raghu P, Manadan A.M., Schmukler J, Mathur T, Block J.A. Pulse Dose Methylprednisolone Therapy for Adult Idiopathic Inflammatory Myopathy. *American Journal of Therapeutics. Am J Ther.* 2015;22(4):244-7
3. Sharma S, Das M, Kumar A, Marwaha V, Shankar S, Singh P, Raghu P, Aneja R, Grover R, Arya V, Dhir V, Gupta R, Kumar U, Juyal RC, K TB. Purine biosynthetic pathway genes and methotrexate response in rheumatoid arthritis patients among north Indians. *Pharmacogenet Genomics.* 2009 Oct; 19(10):823-8.
4. Raghu P, Grover PS, Kumar A. Limitations of the study of subcutaneous versus oral administration of Methotrexate in patients with active Rheumatoid arthritis: comment on the article by Braun et al. *Arthritis Rheum.* 2008 Jul; 58(7): 2209.
5. Singh P, Raghu P, Sugunaraj J, Kumar A. P10 Experience with biological agents in refractory rheumatoid arthritis in a tertiary care centre in India. *Indian Journal of Rheumatology.* 2009 Nov;4(3): S9.
6. Das P, Raghu P, Dinda AK, Garg P. Strongyloides hyperinfection in Rheumatoid arthritis. *Int J Surg Pathol.* 2007 Oct; 15(4): 391- 2.
7. Raghu P, Handa R, Sharma VKS, Sathpathy S, Kumar U, Gupta R. Hospitalization for systemic rheumatic diseases in a tertiary care center in Northern India – a prospective study - interim report. *Indian Journal of Rheumatology* 2006 Dec; 3(1): 45.

Conference Abstract:

- European Congress of Rheumatology 2019

- High levels of damage in inflammatory rheumatic diseases: A clue to low rates of remission and low disease activity I. Castrejon, S. Everakes, J.A. Block, S. Khandelwal, A. Nika, P. Raghu, T. Pincus. Rheumatology, RUSH UNIVERSITY MEDICAL CENTER, Chicago, United States

Frequently Asked Questions

1. Where does Dr. Padmanabhan R practice?

Dr. Padmanabhan R's medical practice is located at Apollo Hospitals, Greams Road Chennai. He is a specialist doctor affiliated with these renowned Chennai hospitals.

2. Who is Dr. Padmanabhan R?

Dr Padmanabhan R is a renowned Rheumatologist with over 12 years of experience. He practices in Chennai at Apollo Hospitals Greams Road Chennai. Dr Padmanabhan R holds a degree in MBBS,MD American Board(A.B) Internal Medicine, American Board(A.B) Rheumatology.. He provides treatments including Disease-Modifying Antirheumatic Drugs (DMARDs), Biologic Therapy, Joint Injections. He specializes in treating conditions like mitochondrial-dna-depletion-syndrome, Multiminicore Disease, Musculoskeletal Disorders.

3. What is Dr. Padmanabhan R's specialization?

Dr Padmanabhan R specializes in Rheumatology. He has expertise in treating conditions such as mitochondrial-dna-depletion-syndrome, Multiminicore Disease, Musculoskeletal Disorders. His key treatments include Rheumatism Treatment, Rheumatoid Arthritis Treatment, Scleroderma Treatment.

4. What are Dr. Padmanabhan R's medical qualifications?

Dr Padmanabhan R holds MBBS,MD American Board(A.B) Internal Medicine, American Board(A.B) Rheumatology, reflecting his comprehensive education in the field of Rheumatology.

5. What is Dr. Padmanabhan R's experience?

Dr. Padmanabhan R has over 12 years of experience in rheumatology.

6. Who is a General Physician?

A general physician (GP) is a medical doctor specializing in nonsurgical adult healthcare. They treat various diseases not requiring surgery, encompassing conditions affecting the cardiovascular,

respiratory, neurological, hematological, endocrine, and gastrointestinal systems. Some GPs may further specialize within these systems.

7. What are the educational requirements to become a General Physician?

General physicians, also known as primary care physicians, require a bachelor's degree in science, a strong GPA, successful completion of medical school, and basic medical training. A 3-year residency in primary care is then mandatory to qualify for practice.

8. When should I consult a General Physician?

Consult a general physician for various health concerns, including cardiovascular, respiratory, musculoskeletal, neurological, gastrointestinal, and endocrine issues treatable without surgery. They are your primary point of contact for most non-surgical health problems.

9. Do General Physicians offer home consultations?

General practitioners (GPs) offer primary healthcare services, including check-ups, immunizations, and treatment for various medical conditions. They typically manage ongoing patient care across all age groups. Home consultation availability varies depending on the individual physician's practice.

10. Can a General Physician perform surgery?

No. General physicians specialize in primary care, providing non-surgical treatment for illnesses and injuries using medication, physical therapy, and other non-invasive methods. Surgical procedures are performed by general surgeons, not general physicians. Physicians focus on building long-term patient relationships and managing primary care needs.