

## Dr Mathai Thomas

MBBS, DCH, MD(Gen Med), DM(Rheumatology) 19+ Years Experience

Dr Mathai Thomas is a top Rheumatologist in Chennai at Apollo Speciality Hospitals Vanagaram. Book appointment online with Dr Mathai Thomas at Ask Apollo.

### Hospitals

[Apollo Speciality Hospitals, Vanagaram ,](#)

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:00 -12:00

 Call Now



Book Appointment

## Overview

Dr. Mathai Thomas is a highly skilled Rheumatologist with over 19 years of experience in the field of rheumatology and general medicine. Based in Tiruvallur, Tamil Nadu, Dr. Thomas has earned a reputation for his comprehensive approach to diagnosing and treating a wide range of musculoskeletal disorders and autoimmune diseases. He holds multiple qualifications including MBBS, DCH, MD in General Medicine, and DM in Rheumatology, equipping him with a diverse and thorough understanding of both general and specialized medical care.

Fluent in English, Dr. Thomas is committed to effective communication, ensuring that his patients are fully informed about their conditions and treatment options. His patient-centric approach emphasizes personalized care and support, making him a trusted choice for individuals seeking management of conditions such as arthritis, lupus, and osteoporosis.

As a dedicated member of the Apollo group, Dr. Thomas adheres to the highest standards of medical practice, continuously updating his knowledge through ongoing education and training. He remains active in the medical community, always striving to enhance patient outcomes through evidence-based practices.

Dr. Mathai Thomas's extensive experience and compassionate care make him a valuable asset to his patients and the healthcare community alike.

## Experience

- Indian Medical Association / Indian Rheumatology

## Membership

- Indian Medical Association / Indian Rheumatology

## Awards

- Academic Merit Scholar Certificate in 7th semester in 3rd MBBS
- Second Certificate of Proficiency in Thesis of MS Course

## Frequently Asked Questions

### 1. Where does Dr. Mathai Thomas practice?

Dr. Mathai Thomas practices at Apollo Speciality Hospitals, Vanagaram. This hospital offers comprehensive healthcare services and specialized medical expertise.

### 2. Who is Dr. Mathai Thomas?

Dr Mathai Thomas is a renowned Rheumatologist with over 19 years of experience. He practices in Chennai at Apollo Speciality Hospitals Vanagaram. Dr Mathai Thomas holds a degree in MBBS,DCH,MD(Gen Med),DM(Rheumatology). He provides treatments including Rheumatism Treatment, Rheumatoid Arthritis Treatment, Scleroderma Treatment. He specializes in treating conditions like mitochondrial-dna-depletion-syndrome, Multiminicore Disease, Musculoskeletal Disorders.

### 3. Why do patients visit Dr. Mathai Thomas?

Patients seek Dr. Mathai Thomas' expertise for Rehabilitation Reumatológica, General Health Checkups, and health monitoring. For more details, please refer to his profile.

### 4. What is Dr. Mathai Thomas's specialization?

Dr Mathai Thomas specializes in Rheumatology. He has expertise in treating conditions such as mitochondrial-dna-depletion-syndrome, Multiminicore Disease, Musculoskeletal Disorders. His key treatments include Rheumatism Treatment, Rheumatoid Arthritis Treatment, Scleroderma Treatment.

## **5. What are Dr. Mathai Thomas's medical qualifications?**

Dr Mathai Thomas holds MBBS, DCH, MD(Gen Med), DM(Rheumatology), reflecting his comprehensive education in the field of Rheumatology.

## **6. How many years of experience does Dr. Mathai Thomas have?**

Dr. Mathai Thomas has over 27 years of experience in healthcare.

## **7. How can I schedule an appointment with Dr. Mathai Thomas?**

To schedule an in-person appointment with Dr. Mathai Thomas, please book online through our appointment scheduling system.

## **8. What is patient feedback like for Dr. Mathai Thomas?**

Dr. Mathai Thomas has received positive feedback from 8 patients, including 2 recommendations. Detailed patient experiences are available.

## **9. Who is a Rheumatologist?**

A rheumatologist is a medical specialist, often with a background in internal medicine or pediatrics, specializing in the diagnosis and treatment of musculoskeletal and autoimmune disorders such as rheumatoid arthritis. They manage conditions affecting joints, muscles, and related tissues.

## **10. What conditions does a rheumatologist treat?**

Rheumatologists specialize in treating various musculoskeletal and autoimmune diseases, including rheumatoid arthritis, osteoarthritis, gout, lupus, tendinitis, spondyloarthropathies, psoriatic arthritis, and chronic back pain.