



## Dr Kirty Nahar

MBBS - S S Medical College, Rewa, India, 1993 M.S Obstretics & Gynaecology – RNT Medical College, Udaipur, India, 1999 Fellowship obst. & Gynae Ultrasound – V.S. Hospital, Ahmedabad, India, 2011  
24+ Years Experience

Dr Kirty Nahar is a top Obstetrician & Gynecologist in Ahmedabad at Apollo Hospitals International Limited Ahmedabad . Book appointment online with Dr Kirty Nahar at Ask Apollo.

### Hospitals

Apollo Hospitals International Ltd, Ahmedabad ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
12:00 -16:00



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## Overview

Dr. Kirty Nahar is a highly experienced Obstetrician and Gynaecologist based in Ahmedabad, Gujarat, with an impressive career spanning over 24 years. She holds an MBBS and an MS degree, along with a Fellowship in Ultrasound and certification as a Sonologist from ISUOG. Dr. Nahar's dedication to women's health is evidenced by her extensive qualifications and her commitment to staying updated with the latest advancements in her field.

Fluent in English, Hindi, and Gujarati, Dr. Nahar is able to provide personalized care to a diverse range of patients, understanding their unique needs and concerns. She has been recognized for her contributions to the field, having received the distinguished clinical tutorship title from the Apollo Hospitals Educational & Research Foundation in 2019. This award highlights her commitment to education and her role in shaping future healthcare professionals.

As an exclusive partner in her practice, Dr. Kirty Nahar prioritizes patient comfort and safety while delivering high-quality medical care in Obstetrics and Gynaecology. She understands the emotional and physical intricacies of women's health and is dedicated to empowering her patients through informed

choices. Whether it's routine check-ups, prenatal care, or specialized treatments, Dr. Nahar ensures that each patient receives compassionate care tailored to their individual health journey.

## Experience

- Junior Consultant, Chandramani Hospital, Girdharnagar, Oct 1999 – Oct 2000.
- Observer at Melbourne IVF Centre , Nov 1999.
- Fulltime Gynaecologist & Obstetrician, Rajasthan Hospitals, Ahmedabad Feb 2000- May 2003.
- Senior Registrar, Obstetric & Gynaecology, Apollo Hospitals,Gandhinagar. June 2003 –Sept 2009.
- Junior Consultant, Obstetric & Gynaecology,Apollo Hospitals,Gandhinagar. Oct 2009 - Sept.2011 .
- Consultant Gynaecologist & Obstetrician, Apollo Hospitals International Ltd., Gandhinagar since Oct 2011 -March 2021.
- Present Sr. Consultant Gynaecologist & Obstetrician, Apollo Hospitals International Ltd., Gandhinagar since April 2021.
- FOGSI Recognized advanced Laproscopy & hysteroscopy training programme at Mayflower Women's Hospital, Ahmedabad, 2005.
- Training Programme & hands on in IUI Workshop, Mayflower Women's Hospital, Ahmedabad, 2005.

## Membership

- Indian Medical Association ( Life Membership )
- Federation of Obstetrics&Gynaecological Societies of India (FOGSI).
- Ahmedabad Obstetrics & Gynaecological Society.
- Society of Fetal Medicine.

## Awards

- Adjunct Title of Distinguished Clinical Tutor on 10th July, 2019 by Apollo Hospitals Educational & Research Foundation (AHERF).

- Felicitated as Master Trainer for Cervical Cancer Prevention project of FOGSI/IAP HPV Vaccination Program supported by ACS/CFI at Mumbai in 2023.

## Research and Publication

- Nahar K, Ghosh R, Bohra U.HELLP Syndrome, Pneumonitis Peripartum Cardiomyopathy: A near miss mortality. Apollo Medicine 2006; 3 (1): 151-53.
- Nahar K, Bohra U, Arya V. Androgenic alopecia in post menopausal female: a clinical presentation. Int. J Reprod Contracept Obstet Gynecol 2020;9:2157-60.
- Nahar K, Nahar N. Spontaneous Pregnancy following post In vitro fertilization ruptured tubal ectopic pregnancy. Int. J Reprod Contracept Obstet Gynecol 2020;9:4738-43.
- Nahar K, Nahar N. Caesarean myomectomy in a case of bad obstetric history and multiple fibroids. Int. J Reprod Contracept Obstet Gynecol 2020;9:2622-7.
- Nahar K, Nahar N. Radical vulvectomy for a rare case of squamous cell carcinoma vulva: a case report.Int. J Reprod Contracept Obstet Gynecol 2021;10:3215-22.
- Nahar K, Nahar N. Prosthetic mitral valve thrombosis in a known case of rheumatic heart disease at 37 weeks pregnancy: a case report. Int. J Reprod Contracept Obstet Gynecol 2021;10:3254-60

## Frequently Asked Questions

### 1. Where does Dr. Kirty Nahar practice?

Dr. Kirty Nahar practices at Apollo Hospitals International Limited, Ahmedabad. This hospital offers comprehensive healthcare services and is a leading provider in the region.

### 2. Who is Dr. Kirty Nahar?

Dr Kirty Nahar is a renowned Obstetrician & Gynecologist with over 24 years of experience. She practices in Ahmedabad at Apollo Hospitals International Limited Ahmedabad. Dr Kirty Nahar holds a degree in MBBS, M.S. Obstetrics & Gynaecology Fellowship in Ultrasound ISUOG Certified Sonologist. She provides treatments including Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment. She specializes in treating conditions like Ovarian hyperstimulation syndrome, Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence.

### **3. Why do patients choose Dr. Kirty Nahar?**

Patients select Dr. Kirty Nahar for expertise in Obstetrics/Antenatal Care, Fertility Conserving Procedures, and the management of Obstetrics Problems. For further details, please consult her professional profile.

### **4. What is Dr. Kirty Nahar's specialization?**

Dr Kirty Nahar specializes in Obstetrics & Gynecology. She has expertise in treating conditions such as Ovarian hyperstimulation syndrome, Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence. Her key treatments include Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment.

### **5. What are Dr. Kirty Nahar's medical qualifications?**

Dr Kirty Nahar holds MBBS, M.S. Obstetrics & Gynaecology Fellowship in Ultrasound ISUOG Certified Sonologist, reflecting her comprehensive education in the field of Obstetrics & Gynecology.

### **6. How many years of experience does Dr. Kirty Nahar have?**

Dr. Kirty Nahar possesses 24 years of experience in the medical field. Her extensive background encompasses various medical practices.