

Dr Kaushik V V

MBBS, MRCP; CCT(GIM), CCT (Rheumatology), FRCP 17+ Years Experience

Dr Kaushik V V is a top Rheumatologist in Chennai at Apollo Hospitals Greams Road Chennai. Book appointment online with Dr Kaushik V V at Ask Apollo.

Hospitals

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Overview

Dr. Kaushik V V is a highly experienced Rheumatologist based in Chennai, Tamil Nadu. With over 17 years of experience in the field, he has established himself as a trusted healthcare professional dedicated to managing complex rheumatological conditions. Dr. V holds a robust academic background, having earned his MBBS, followed by advanced qualifications including MBBS, MRCP, CCT in General Internal Medicine (GIM), CCT in Rheumatology, and is a Fellow of the Royal College of Physicians (FRCP). His extensive training and expertise enable him to provide comprehensive care for patients suffering from autoimmune diseases, inflammatory arthritis, and other musculoskeletal disorders.

Fluent in English, Hindi, and Tamil, Dr. V ensures effective communication with a diverse patient base, fostering a compassionate and understanding environment. He is committed to staying abreast of the latest advancements in rheumatology, enabling him to deliver evidence-based treatment plans tailored to individual patient needs. As a key member of the Apollo healthcare team, he is dedicated to improving the quality of life for his patients through patient-centered care and ongoing support. Dr. Kaushik V V is not just a physician but a partner in the health journey of each of his patients.

Experience

- Over 17 Years experience.
- July 2012-Senior Consultant Rheumatologist Apollo Hospital, Greams Lane Arthritis & Rheumatism Centre, Nungambakkam Previous Substantive Appointments
- Apr 2009 – Jun 2012 Clinical Director Medical Specialities (Pan TRUST) United Lincolnshire Hospitals NHS Trust
- Apr 2008 – Jun 2012 Associate Clinical Sub-Dean University of Nottingham Lincoln Undergraduate Medical Education Centre
- Nov 2005 - Jun 2012 Consultant Rheumatologist United Lincolnshire NHS Trust
- Aug 1997 – Aug 1999 SHO Medical Rotation at University Hospital Birmingham (Selly Oak & Queen Elizabeth Hospital) Rotation included 3 months in Neurology 3 months in Neuro Critical Care 6 months in Elderly Care Medicine 6 months in Rheumatology 6 Months in General Medicine
- May 1997- Aug 1997 SHO in General Medicine Birmingham Heartlands Hospital
- Sept 1996- Apr 1997 SHO in General Medicine & Gastroenterology Royal Cornwall Hospitals, Truro, Cornwall
- Jan 1996- Mar 1996 SHO in Paediatrics Institute Of Child Health, Madras, India
- Jan 1995- Oct 1995 SHO in General Medicine & Cardiology Apollo Hospitals, Madras, India
- Jan 1994- Jan 1995 House Officer Rotation Kilpauk Medical College Hospital, Madras, India 3 months in General Medicine 3 months in General Surgery 3 months in Obstetrics & Gynaecology 3 months in Community Medicine

Membership

- Tamil Nadu Medical Council

Awards

- ‘Visisht Seva Medal’ for distinguished service in Armed Forces by President of India (26 Jan 2017)
- Chief of Army Staff Commendation (2013)
- Army Commander’s Commendation (2002 and 2006) .

Research and Publication

- Polymyositis – P. Truepenny, V.V. Kaushik and H.Lempp – British Medical Journal - 2012 Mar 15;344:e1181
- How common is methotrexate pneumonitis? A large prospective study investigates – N. Sathi, B. Chikura, V.V.Kaushik, R. Wiswell, J.K. Dawson –
- Clinical Rheumatology – 2012 Jan;31(1):79-83. Epub 2011 Jun 3.
- Does the use of QuantiFERON-TB testing offer any advantage over Tuberculin skin testing as a pre-treatment screening tool for RA patients going on to Biologic Therapies? – V.V.Kaushik, S.Ambalavanan, K. Binymin - Rheumatology (Oxford) – 2007 Dec;46(12):1863-4
- Chikungunya Fever – R.Yazdani, V.V.Kaushik - Rheumatology (Oxford) – 2007;46(7):1214-5
- Successful use of rituximab in a patient with recalcitrant Churg-Strauss syndrome – V.V.Kaushik, H.V. Reddy, R.C. Bucknall - Annals of Rheumatic Diseases 2006;65(8):1116-7.
- CDP-870 (certolizumab) in Rheumatoid Arthritis – V. Kaushik and Prof.R.J.Moots – Expert opinion in Biologic Therapy - 2005, vol. 5, no. 4, pp. 601 – 606
- Water balance in rheumatoid arthritis: reply – V.V.Kaushik, K.Binymin - Rheumatology (Oxford) 2005 – 2005 Jul;44(7):956; author reply 956-7
- Is syndrome of inappropriate antidiuretic hormone secretion an extra-articular manifestation of rheumatoid arthritis? – V.V.Kaushik, K.Binymin- Rheumatology (Oxford) 2004;43(12):1589-90.
- Ankylosing Spondylitis – Dr.Viswanath Kaushik and Prof. Robert.J.Moots- Chemists and Druggist –Pharmacy Update – July 2004
- The association of bronchiectasis and smoking in rheumatoid arthritis – V.V.Kaushik, D.Hutchinson, J.Desmond, M.P.Lynch, J.K.Dawson – Annals of Rheumatic Diseases – 2004;63(8): 1001 – 2
- Microalbuminuria:
- is it a predictor of ischaemic heart disease in rheumatoid arthritis? Mpofu S, Kaushik VV, Grundy G, Moots RJ. Rheumatology (Oxford) 2004;43(4):537-8.
- Outcome measures for rheumatologists - Kaushik VV, Abernethy VE, Lynch MP, Dawson JK, Rheumatology (Oxford) 2003;42(7):902-3 Tc-DTPA
- clearance in RA associated Fibrosing Alveolitis – V.V.Kaushik, M.P.Lynch, J.K.Dawson, Rheumatology 2002;41:712-713
- Abstracts & Presentations Methotrexate pneumonitis incidence: A prospective study – N. Sathi, B. Chikura, V. V. Kaushik, J. K. Dawson. – ACR 2008
- Cytopoenias with anti-TNF-a therapy – do we need regular monitoring? – R.Yazdani and V.V.Kaushik – EULAR 2007 [THU0226] DMARD Monitoring -
- Is it Patient Centred. A Lincolnshire experience – R.Yazdani, K.Horton and V.V.Kaushik. Rheumatology 2007 46: i145-i154 Incidence of Cytopoenias with anti-TNF-a therapy. – R.Yazdani and V.V.Kaushik -

- standards of care – How good is our Rheumatology Service? – V.V.Kaushik, H.V.reddy, H.Cronin, T.D.Kennedy - Rheumatology 2006 45: i136-i148.
- Autologous stem cell transplant in Still's Disease – H.V.Reddy, V.V.Kaushik, T.D.Kennedy, P.J.Prouse and J.Thachil - Rheumatology 2006 45: i111-i114. Successful use of rituximab in a patient with recalcitrant Churg-Strauss syndrome – V.V.Kaushik, H.V. Reddy, R.C. Bucknall - Rheumatology 2006 45: i167-i171.
- Biologic therapy in RA - how good are we in adhering to the nice guidelines?- A DGH experience - V.V.Kaushik , R.Fahey , K.Binymin and H.R.Sykes – Rheumatology 2005 44(Suppl 1): 64-76.
- Anti TNF-a therapy in ankylosing spondylitis – A north west side story – V.V.Kaushik, K.Pillai, B.Shaw, H.R.Sykes and K.Binymin - Rheumatology 2005 44(Suppl 1): 112-119.
- Lipoma Arborescens – Is it a rare condition? – A.R.Clewes, V.V.Kaushik, J.K.Dawson, V.E.Abernethy, O.Harris, B.G.Bolton-Maggs - Rheumatology 2004 43(Suppl 1): 114-119.
- Identifying the core curriculum for a patient centred Rheumatology service – V.V.Kaushik, H.Chinoy, M.P.Lynch, J.K.Dawson, Rheumatology 2003 42(Suppl 1): 29-33.
- The association of bronchiectasis and smoking in Rheumatoid Arthritis – V.V.Kaushik, D.Hutchinson, J.Desmond, M.P.Lynch, J.K.Dawson, Rheumatology 2003 42(Suppl 1): 47-49.
- A regional re-audit on the prevention of steroid induced osteoporosis – V.V.Kaushik, J.K.Dawson, V.E.Abernethy, Rheumatology 2003 42(Suppl 1): 111-112
- Intramuscular Methylprednisolone- Is there a consistency in practise?- V.V.Kaushik, E.George, T.D.Kennedy, Rheumatology 2002 41 (Suppl 1): 42-45
- Comparison of Bronchoalveolar lavage findings with HRCT patterns of Fibrosing Alveolitis in Rheumatoid Arthritis – V.V.Kaushik, A.Cross, R.J.Moots, D.R.Graham, M.P.Lynch, J.K.Dawson –
- American Journal of Respiratory and Critical Care Medicine, Vol. 165, No. 8, April 2002, Page B7. “Open labelled prospective comparative evaluation of *Saccharomyces boulardii* in acute childhood diarrhoea”, V.Kaushik, V.S.S.Narayanan – presented at the XXIII annual conference of the Indian Academy of Paediatrics.

Frequently Asked Questions

1. Where does Dr. Kaushik V V practice?

Dr. Kaushik V V currently practices at Apollo Hospitals, Greams Road, located in Chennai.

2. Who is Dr. Kaushik V V?

Dr. Kaushik V V is a highly experienced Rheumatologist with over 17 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Rheumatism Treatment, Rheumatoid Arthritis Treatment. He also treats conditions such as mitochondrial-dna-depletion-syndrome, Multiminicore Disease.

3. Why do patients choose Dr. Kaushik V V?

Patients trust Dr. Kaushik V V for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Kaushik V V's specialization?

Dr. Kaushik V V specializes in Rheumatology, with expertise in treatments for Rheumatism Treatment, Rheumatoid Arthritis Treatment.

5. What are Dr. Kaushik V V's medical qualifications?

Dr. Kaushik V V holds prestigious qualifications, including MBBS, MRCP; CCT(GIM), CCT (Rheumatology), FRCP.

6. How many years of experience does Dr. Kaushik V V have?

Dr. Kaushik V V has over 17 years of experience in the medical field, treating various conditions related to Rheumatology.

7. How can I book an appointment with Dr. Kaushik V V?

You can book an appointment with Dr. Kaushik V V through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.