

## Dr Harmeet Malhotra

MBBS, MD, DGO, FICOG 44+ Years Experience

Dr Harmeet Malhotra is a top Obstetrician & Gynecologist in Delhi at Apollo Hospitals Delhi, Apollo Hospitals Noida . Book appointment online with Dr Harmeet Malhotra at Ask Apollo.

### Hospitals

[Apollo Hospitals, Delhi](#) ,

Doctor's Working  
Weekdays  
Mon, Wed & Fri

Doctor's Working  
Hours  
15:30-17:30

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## Overview

Dr. Harmeet Malhotra is a highly experienced Obstetrician and Gynaecologist based in South Delhi, Delhi. With an impressive 44 years in the field, Dr. Malhotra has garnered a reputation for her expertise and compassionate care for women throughout their reproductive health journeys. She holds a prestigious MBBS, MD, DGO, and FICOG qualifications, making her a well-equipped specialist in her domain. Dr. Malhotra is fluent in multiple languages including English, Hindi, Punjabi, and Urdu, enabling her to connect with a diverse patient population and ensure effective communication.

As part of the Apollo network, Dr. Malhotra is committed to providing the highest quality healthcare in Obstetrics and Gynaecology. Her clinical practice includes managing various aspects of women's health such as pregnancies, gynecological disorders, and preventive care. Her dedication to patient education and supportive care makes her a trusted choice among her patients, many of whom commend her for her thoughtful approach and attention to their individual needs.

Dr. Malhotra stays updated with the latest advancements in her field to provide her patients with modern and effective treatment options. Whether through routine check-ups, prenatal care, or addressing complex

gynecological issues, her goal is to ensure her patients' well-being and satisfaction. With her extensive experience and multilingual capabilities, Dr. Harmeet Malhotra is a leading provider of obstetric and gynecological care in South Delhi.

## Experience

- 40 Years of vast experience in practising Obstetrics & Gynaecology
- Special expertise in all major and complicated gynaecological surgeries including vaginal, open (abdominal surgeries), Laparoscopy & Hysteroscopy
- Worked for 5 years as a gynaecologist with Indian Naval Hospitals at Bombay and Cochin from 1985 to 1990
- Also worked in various hospitals in NCR
- Senior Consultant Obstetrics and Gynaecology at Apollo Hospitals New Delhi since December 1995

## Membership

- Life member of FOGSI (Federation of Obstetric & Gynaecological Societies of India)
- Life member of AOGD (Association of Obstetricians & Gynaecologists of India)
- Life member of NOGS (Noida Obstetric & Gynaecological Society)
- Life member of IMA Delhi
- Life member of IMS(Indian Menopausal Society)
- Life member of IAGE (Indian Association of Gynaecological Endoscopists) Delhi Gynaecological Endoscopists Society
- Fellow of Indian College of Obstetrics and Gynaecology (FICOG)
- Fellow of International Medical Sciences Academy (FIMSA)
- Life Member, Federation of Obstetrics & Gynaecological Society of India (FOGSI)
- Life Member, Indian Association of Gynaecological Endoscopists (IAGE)
- Life Member, International Society of Gynecological Endoscopy (ISGE)
- Life Member, Association of Obstetricians & Gynaecologists of Delhi (AOGD)
- Life Member, National Association of Reproductive and Child Health of India (NARCI)
- Life Member, Indian Menopause Society (IMS)
- Member, Indian Medical Association (IMA), East Delhi

# Awards

## Top 3

1. Member, Executive Committee, Endocrine Society of India (2021-2024)
2. Ex-President and founding member of Society for Promotion of Education in Endocrinology and Diabetes (SPEED) (Presidency – 2017-2020)
3. Member, National Scientific Coordination Committee, ESICON, 2021, Bengaluru

## More

1. Scientific Secretary of Endocrine Week organized by Endocrine Society of India in association with International Society of Endocrinology from 16-22 Nov, 2020
2. Scientific Chairperson, Sunday Webinar Series, organized by Endocrine Society of India in association with International Society of Endocrinology, 2020-2021
3. Course Moderator, ESI-Intas Fundamental Research Workshop, April – Sep 2021, organized by Endocrine society of India
4. Guest Editor, Special Supplement on Endocrinology, Journal of Indian Medical Association (JIMA), October, 2018.
5. Organizing secretary, ESI-SAFES Diabetes Day - Awareness and Scientific Program, November, 2021

# Research and Publication

- DNB thesis guide for PCOD, 7 Coguide for DNB & endometriosis

# Frequently Asked Questions

## 1. Where does Dr. Harmeet Malhotra practice?

Dr. Harmeet Malhotra's practice is located at Apollo Hospitals, Delhi. This Apollo hospital offers comprehensive healthcare services and specializes in [mention specialities if available, e.g., cardiology, oncology etc.]

## 2. Who is Dr. Harmeet Malhotra?

Dr Harmeet Malhotra is a renowned Obstetrician & Gynecologist with over 36 years of experience. She practices in Delhi at Apollo Hospitals Delhi. Dr Harmeet Malhotra holds a degree in MBBS, MD, DGO, FICOG. She provides treatments including Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment. She specializes in treating conditions like Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease.

### **3. Why do patients visit Dr. Harmeet Malhotra?**

Patients seek Dr. Harmeet Malhotra's expertise for Well Woman Health Checks, Dysmenorrhea treatment, and Maternal Care/Checkups. For further details, please refer to the doctor's profile.

### **4. What is Dr. Harmeet Malhotra's specialization?**

Dr Harmeet Malhotra specializes in Obstetrics & Gynecology. She has expertise in treating conditions such as Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease. Her key treatments include Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment.

### **5. What are Dr. Harmeet Malhotra's medical qualifications?**

Dr Harmeet Malhotra holds MBBS, MD, DGO, FICOG, reflecting her comprehensive education in the field of Obstetrics & Gynecology.

### **6. How many years of experience does Dr. Harmeet Malhotra have?**

Dr. Harmeet Malhotra has 36 years of experience in the medical field.

### **7. Who is a Gynaecologist?**

A gynecologist is a medical doctor specializing in women's reproductive health. This includes the vagina, ovaries, uterus, and breasts. Gynecologists also typically handle pregnancies and childbirth, as obstetrics is part of their training. They provide comprehensive healthcare for the female reproductive system.

### **8. What is the difference between a Gynaecologist and an Obstetrician?**

A Gynaecologist specializes in women's reproductive health, while an Obstetrician focuses on pregnancy, childbirth, and postpartum care. Many Gynaecologists are also trained Obstetricians. Pregnant women can consult either, but Gynaecologists are best suited for general reproductive health concerns.

## 9. What procedures do Gynaecologists/Obstetricians perform?

Gynaecologists commonly perform procedures such as Dilation and Curettage (D&C), removing the uterine lining, and Hysteroscopy, a minimally invasive treatment for uterine conditions. Obstetricians manage childbirth through normal delivery and, when necessary, Cesarean section (C-section) to ensure safe delivery for mother and child. These specialists provide comprehensive women's health care, covering both preventative and treatment aspects.